

## WILDERNESS ON WATER

*7-Day Expedition by Kayaks*

## INFORMATION

**Meeting Point**

Your trip begins at 1:00pm at Cambridge Airport on the first day. The Roaring 40's minibus is available for hotel and airport pick-ups from midday. If you have your own vehicle you are more than welcome to drive yourself to Cambridge Airport where there is unsecured but free parking. We have a 2:00pm flight to Melaleuca in Southwest Tasmania, which will be followed by a one-hour paddle to our standing camp at Forest Lagoon. It is best to be dressed ready for the outdoors when arriving at Cambridge airport. Please note we expect to return to Cambridge Airport by 5:00pm the last day.

**Weather**

The changeable weather is one of the many attractions of this unique World Heritage Wilderness Area. Daytime summer temperatures can range from 10° to 35°C and at least one-day of rain or drizzle is to be expected; evening temperatures regularly drop below 10°C. In this moist maritime environment, **quality wet-weather gear and thermal garments are a necessity for your safety and comfort**. If you follow our gear list you will be comfortable and prepared to enjoy the many variations of weather we may encounter.

**Group kayaking equipment**

Roaring 40's Ocean Kayaking prides it self on providing participants with good quality sea kayaking equipment. In practical terms it means that you will have a buoyancy vest that fits, a spray deck that doesn't leak, a light paddle and a well-maintained sea kayak. Of course you are welcome to bring your favourite paddling accessories such as Split Paddle, PFD, Dry bags and Paddling Jackets but please contact us regarding their suitability.

**Camping Equipment**

Southwest Tasmania is a demanding location for outdoor equipment so as a part of this trip we are able to provide you with good quality camping gear. However many participants do prefer to use their own sleeping bags, mats and sometimes, their own tents. If you wish to do this please let us know so that we don't double up on camping gear, as the majority of equipment for this expedition is flown into Southwest Tasmania the week preceding the expedition. We provide roomy tents and singles will be expected to twin share with another participant of the same gender.

**Upon arrival at Cambridge airport each participant will be supplied with:**

- 2 Dry bags (1-15 litre & 1-20 litre)
- A paddling jacket
- A buoyancy vest
- A pair of neoprene booties if requested
- A 70-litre mesh duffel bag

At the airport there will be time allocated for you to repack your personal luggage into the supplied dry-bags and soft duffel. It is at this time that the guides will go through the gear list and check to ensure that you have adequate and appropriate clothing, sleeping bag and rain jacket. You will be able to leave your travel luggage and other personal items not needed on the trip with Roaring 40's staff for safekeeping.

**Roaring 40's Ocean Kayaking**

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## Safety

The remote nature of this trip is part of what makes it a great adventure, but it also means that we need to be very careful before each trip that everyone is prepared for the unforeseen. If you are taking any medications please be sure to let your guide know and to include an extra supply, packed separately, just in case. It is also important that you let us know if you have any pre-existing medical conditions or injuries. Our supplies of non-prescription medications are limited, if this is a concern, feel free to bring your own. We carry an extensive first aid kit, satellite phone and location beacon in case of emergencies. If you need to be contacted while you are away this can be achieved through our Kettering office.

## Cancellations

Roaring 40's Ocean Kayaking requires full payment four weeks prior to departure and reserves the right to cancel expeditions up until this date if there are insufficient numbers. In such a case, participants will be given a choice of:

- Transferring payments towards another trip date, or
- The payment of an additional fee to have the trip run as scheduled or
- Receiving a full refund.

In the event of such a cancellation, Roaring 40's Ocean Kayaking cannot be held responsible for any losses incurred by participant's i.e. non-refundable airlines tickets and Hobart accommodation.

Please be aware that if for any reason whatsoever a participant cancels less than four weeks prior to the trip departure they will forfeit all payments. For this reason, we highly recommend purchasing travel insurance that covers losses due to unforeseen events that result in cancellations.

## Delays

Our access to this wilderness area is by light aircraft. These planes cannot operate in extremes of weather or poor visibility. Whilst it is unusual, delays can occur on both the inward and return flights. Due to this we highly recommend participants **do not** arrange onward travel for at least 24 hours after our scheduled finish date & time. Roaring 40's Ocean Kayaking will not be responsible for any expenses incurred due to flight delays that are out of our control. We highly recommend that you purchase travel tickets that can be rebooked and obtain travel insurance to cover any expenses associated with such delays. In the eventuality of a departure delay we will endeavour to provide a complete expedition itinerary but this requires participants to have flexibility in their schedule.

## Itinerary

Due to the unique nature of this area and the variability of the weather that it experiences we have no fixed route or schedule. Whilst we do our best to fulfil the wishes and aspirations of our participants our first priority is participant safety. The number of days paddling and the number of hours in the kayaks on each of those days is highly variable and dependent upon both participants and conditions. Our guides are highly experienced at optimising the route to make the most of whatever conditions are prevailing at the time of your trip.

### Roaring 40's Ocean Kayaking

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## GEAR LIST

Due to weight and space limitations in both the aircraft and the kayaks it is important that your entire personal luggage fits into the 70-litre (600mmX400mmX300mm) duffel bag that you will be issued upon arrival at Cambridge airport.

### Clothing

#### ***Essential items for paddling in:***

- Footwear that can get wet i.e. sandals, wet suit booties or during the cooler months of November, December March and April high rubber boots.
- 1 lightweight thermal long sleeve top.
- 1 pair of lightweight thermal long johns.
- Nylon quick drying shorts.
- Warm vest. (Lightweight, quick drying and wind proof materials work best).
- Woollen or Fleece hat.
- Sun hat.
- Sun glasses.

#### ***Optional items that many participants find useful***

- An extra thermal top.
- Short sleeved rash vest.
- Long sleeved quick drying shirt for sun protection.
- Paddling gloves (fingerless sailing or cycling gloves work well). (Note: We supply paddling mitts or “poggies” for paddling in during cold weather.)

#### ***Essential extras for walking excursions:***

- Lightweight hiking boots (Note: tracks are muddy, rutted and overgrown).
- Waterproof over trousers.
- Quality breathable rain jacket with hood.
- 1 pair of walking socks.

#### ***Optional Items that many people find useful:***

- Gaiters.

#### ***Essential extras for evenings around camp:***

- 1 Set of medium weight thermal long johns or polar fleece pants.
- 1 Medium weight thermal long sleeved top.
- Polar fleece or down jacket.
- 1 Pair of warm socks
- Woollen or polar fleece gloves.
- Underwear for 7 days.

## GEAR LIST (continued)

### ***Optional items that many participants find useful:***

- Extra set of lightweight thermal long johns.
- A pair of lightweight synthetic quick drying long trousers.
- Camp footwear (sneakers, Crocs or your walking boots)
- 1 or 2 cotton T-shirts
- Extra warm hat.

### ***Essential Camping Equipment:***

- Sleeping Bag (Dacron or down, 3 season rating). The smaller stuffed size the better.
- Sleeping Mat

Please note: We can supply good quality sleeping bags and mats but we require the use of a sleeping sheet that also can be supplied for an extra \$25.

### ***Essential Personal Items:***

- Water bottle / Hydration system (1 litre capacity).
- Personal toilet kit including any medications you may need (biodegradable soap, please).
- Pack Towel: light and quick to dry
- Headlamp with fresh batteries.
- Insect repellent.

### ***Optional items:***

- Bathers
- Wet suit
- Camera
- Book
- Journal
- Small frameless daypack
- Extra wine or spirits (we supply 4 litres of wine per group).

**Passion 8** in Hobart (Elizabeth Street) offers "Wilderness on Water" clients a 10% discount on all purchases with the presentation of this sheet. Nigel and his staff will be happy to assist you in choosing appropriate equipment for this trip.