

Wilderness on Water

3-day Exploration by Kayak

Information

Meeting Point

Our trip begins with a 9:00am flight to Southwest Tasmania from Hobart's Cambridge Airport. The Roaring 40's minibus will be available for Hobart hotel pick-ups from 7am. If you have your own vehicle you are more than welcome to drive yourself to the Cambridge airport where there is free but unsecured parking. Either way, be sure to notify us of your intentions on the Travel Information sheet you will receive upon the confirmation of your booking. We can also make arrangements for secure storage of personal luggage not needed during your Southwest trip. Please note, we expect to have a 4:00pm flight out of the Southwest on the last day, returning to Cambridge Airport at approximately 5:00pm.

Weather

The changeable weather is one of the many attractions of this unique World Heritage Wilderness Area. Summer temperatures can range from 10° to 35°C and at least one-day of rain or drizzle is to be expected. In this moist maritime environment, quality wet-weather gear and thermal garments are a necessity for your safety and comfort. If you follow our gear list you will be comfortable and prepared to enjoy the many variations of weather we may encounter.

Safety

The remote nature of this trip is part of what makes it a great adventure, but it also means that we need to be very careful before each trip that everyone is prepared for the unforeseen. If you are taking any medications please be sure to let the leader know and be sure to include an extra supply, packed separately, just in case. It is also important that you let us know if you have any pre-existing medical conditions or injuries. Our supplies of non-prescription medications are limited, if this is a concern, feel free to bring your own. We carry an extensive first aid kit, satellite phone and locator beacon for use in case of emergencies. If you need to be contacted while you are away this can be achieved through our Kettering office.

Upon arrival at Cambridge airport each participant will be issued:

- 2 dry bags (15-20 litres each)
- A paddling jacket
- A type 2 Buoyancy Vest
- A Mesh Duffle Bag to transport your personal gear

You will be required to repack your personal items into the supplied dry bags and duffel before departing Cambridge. At this time the trip leaders will double check that essential items such as rain jackets and warm clothes are adequate for the trip. Your travel luggage will be taken care of by us until your return.

Delays

Our access to this wilderness area is by light aircraft. These planes cannot operate in extremes of weather or poor visibility. Whilst it is unusual, delays can occur on both the inward and return flights. Due to this possibility we recommend participants not arrange

Roaring 40's Ocean Kayaking

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onward travel for at least 24 hours after our scheduled finish date and please note that Roaring 40's Wilderness Tours is not responsible for any expenses you incur as a result of such delays. We recommend purchasing travel tickets that can be rescheduled and/or travel

insurance to cover the cost of any losses or changes associated with such delays. We endeavour to arrange our trip schedule so we have the flexibility to offer you the complete trip itinerary in the case of a departure delay, but this also requires flexible travel arrangement by participants.

Cancellations

Roaring 40's Ocean Kayaking requires full payment four weeks prior to departure and reserves the right to cancel expeditions up until this date if there are insufficient numbers. In such a case, participants will be given a choice of:

1. Transferring payments towards another trip date, or
2. The payment of an additional fee to have the trip run as scheduled or
3. Receiving a full refund.

In the event of such a cancellation, Roaring 40's Ocean Kayaking cannot be held responsible for any losses incurred by participant's i.e. non-refundable airlines tickets and Hobart accommodation.

Please be aware that if for any reason whatsoever a participant cancels less than four weeks prior to the trip departure they will forfeit all payments. For this reason, we highly recommend purchasing travel insurance that covers losses due to unforeseen events that result in cancellations

Supplied Paddling Equipment

Roaring 40's Ocean Kayaking prides it self on providing participants with quality kayaking equipment. In practical terms it means that you will have a PFD that fits you properly, a light good quality paddle, a spray deck that doesn't leak and a well-maintained sea kayak. You are never the less welcome to bring along your own favourite paddling gear such as PFD, dry bags and paddling jackets, but please contact us regarding their suitability.

Supplied Camping Equipment

Accommodation for this trip is at our Forrest Lagoon Standing Camp, where we have five two person platform tents and a dinning / kitchen shelter set up for the summer. Each tent has two camp stretchers complete with Thermarest sleeping mat. The only camping gear you will need you to bring is your sleeping bag.

What you will need to bring

Due to weight and space limitations in both the aircraft and the kayaks it is important that your entire personal luggage fits into the 70-litre (600mmX400mmX300mm) duffel bag that you will be issued upon arrival at Cambridge airport.

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Recommended Clothing

Essential items for paddling in:

- Footwear that can get wet i.e. sandals, wet suit booties or during the cooler months of November, December March and April high rubber boots.
- 1 lightweight thermal long sleeve top.
- 1 pair of lightweight thermal long johns.
- Nylon quick drying shorts.
- Warm vest. (Lightweight, quick drying and wind proof materials work best).
- Woollen or Fleece hat.
- Sun hat.
- Sun glasses.

Optional items that many participants find useful

- An extra thermal top.
- Short sleeved rash vest.
- Long sleeved quick drying shirt for sun protection.
- Paddling gloves (fingerless sailing or cycling gloves work well. Note: We supply paddling mitts or "poggies" for paddling in during cold weather.)

Essential extras for walking excursions:

- Lightweight hiking boots (Note: tracks are muddy, rutted and overgrown).
- Waterproof over trousers.
- Quality breathable rain jacket with hood.
- 1 pair of walking socks

Essential extras for evenings around camp:

- 1 Set of medium weight thermal long johns or polar fleece pants.
- 1 Medium weight thermal long sleeved top.
- 1 Comfortable travel shirt.
- Polar fleece or down jacket.
- 1 Pair of warm socks
- Woollen or polar fleece gloves.
- Underwear for 3 days.
- Lightweight shoes (Crocs, sneakers or your walking boots)

Essential Camping Equipment:

- Sleeping Bag (Dacron or down, 3 season rating). The smaller stuffed size the better. (We can supply good quality 3 seasons sleeping bags with a cotton liner for an additional \$25)

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Essential Personal Items:

- Water bottle / Hydration system (1 litre capacity)
- Personal toilet kit including any medications you may need (biodegradable soap, please).
- Pack Towel: light and quick to dry
- Headlamp with fresh batteries.

Optional items:

- Bathers
- Camera
- Book
- Journal
- Small frameless daypack
- Extra wine or spirits (we supply 4 litres of wine per group).

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